



## FRIDAY SCHEDULE

9:00am: Registration is open

9:30 – 9:45am: Welcome address

9:45 – 10:30am: Living in a COVID world – How medicine is changing and integrative medicine is primed for success

10:45 – 11:15am: Three ads to help grow your regenerative business

11:15 – 12pm: Set 3rd quarter success with VTO

12:00 - 1:30pm: Lunch and speaker

### *Afternoon Options*

#### **Main Room:**

1:30 - 2:00pm: How to better hire and onboard

2:00 – 2:30pm: Running a front desk that leads the company

2:35 – 3:05pm: Management through KPIs

3:10 – 3:55pm: Community engagement and partnerships to grow

3:55 – 4:10pm: Break

4:10 – 4:40pm: Scripting your future - How to use scripts for employee training

4:45 – 5:15pm: Hot Seats and Q&As

#### **Provider Rooms:**

1:30 – 4:30pm: Dr Baumgartner - BMAC

1:30 – 4:30pm: Dr Meighan – Regenerative Aesthetics

1:30 - 4:30pm: Dr Robertson – Regenerative Aesthetics

#### **Recreation (Optional):**

5:30 - 7:30pm: Minnesota Adventure-Hike and Swim at Quarry State Park



## ORTHO SCHEDULE

**Saturday | Spine Day:** Cervical, Thoracic, Lumbar and SI plus Caudal Epidural

8:00am: Lectures on anatomy, palpation, skin marking and ultrasound injection technique of the cervical, thoracic, lumbar and SI areas.

10:00am: Snack and break

10:20am: Demonstration cervical/thoracic scanning and injection demo

11:30am: Scanning demo lumbar

12:00am: Lunch break and sponsor lecture

1:00pm: Demonstration of lumbar/SI injections technique plus ultrasound caudal epidural technique

2:30 - 4:15pm: Hands on palpation and skin marking and ultrasound scanning of the cervical, thoracic and lumbar spine

2:30 - 3:45pm: Rotation A

2:45 - 3:00pm: Snack and break

3:00 - 4:15pm: Rotation B

4:15 - 5:00pm: Questions and more open hands on scanning

## SATURDAY BUSINESS AND MARKETING

*10 - 12 Round Table Discussion*

1:-00 - 4:00pm: Sales training

1:00 - 1:45pm: Part 1

1: 50 - 2:35pm: Part 2

2:35 - 3:00pm: Break

3:00 - 3:45pm: Part 3

3:45 - 4:00pm: Q&A

5:45 - 7:45pm: Social Hour at Rejuv Medical



## **SUNDAY | NERVE DAY: Upper and Lower Extremity**

8:00am: Lecture on nerve pathology and treatment options (ultrasound guided deep and superficial-lyftogt techniques)

9:00am: Lecture on upper and lower extremity nerve block techniques

10:00-11:00am: Upper extremity ultrasound demo

- Median nerve-carpal tunnel
- Ulnar nerve-cubital tunnel
- Axillary nerve-quadrangular space
- Suprascapular nerve-supraspinatus fossa and spinoglenoid notch
- Cervical plexus
- Occipital nerve
- Headache protocol
- Occipital
- Cervical plexus
- Trigeminal

11:00 - 12:30pm: Hands on ultrasound workshop

12:00 - 1:00pm: Lunch and sponsor lunch

1:00 - 1:45pm: Lower extremity ultrasound demo

- Femoral nerve-Three in one femoral/obturator/LFCN block
- Sciatic nerve
- Saphenous nerve
- Genicular nerves
- Posterior tibial nerve-tarsal tunnel

1:45 - 2:45pm: Hands on ultrasound workshop

2:45 - 3:00pm: Questions and final wrap



## SUNDAY BUSINESS

Independent meetings (schedule your 1:1 with Garrett)

3<sup>rd</sup> quarter VTO reviews

Filming with the marketing team

- Commercial/Interview and testimonials
- Round tables in main area after main talks